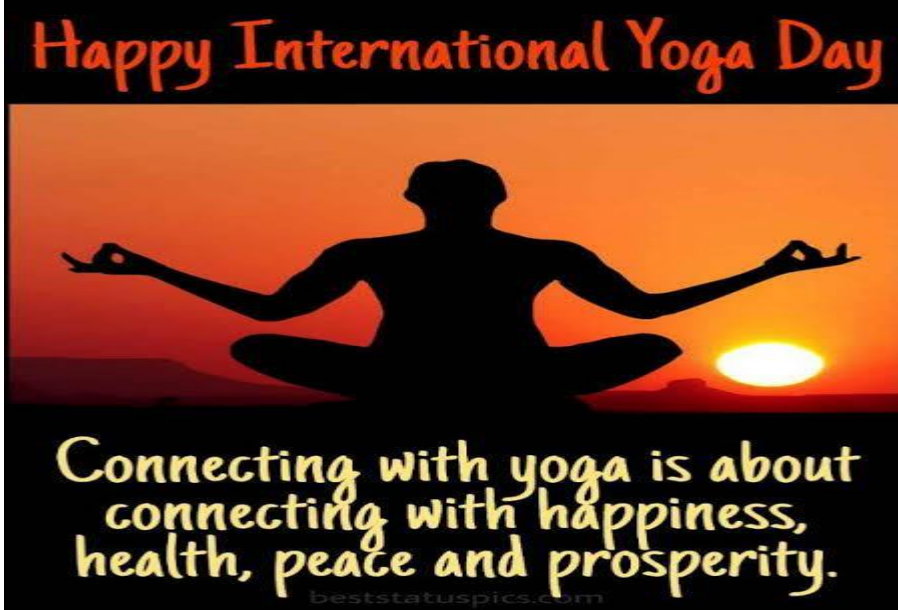




Government Degree College, Porumamilla
Department of Economics
Activities 2022-2023

1. Name of the Activity	International Yoga Day
2. Name of the Lecturer	D.Guramma
3. Date	21/06/2022
4. Number of students participated	30
5. Number of faculty involved	4
6. Aim & Objectives :	
To raise awareness about the benefits of yoga and promote healthy lifestyles.	
7. Brief Report;-	
<p style="text-align: center;">GDC-PORUMAMILLA is Very much delighted to share that we have observed International Yoga Day in our college today. It was organised by the department of NSS & Physical Education. The students and staff under went exercising of Surya namaskarams and asanas. Sri. Siva Reddy lec.in History and the special invitee Sri. Balarangaiah, The Head Master, demonstrated the event successfully. The Principal explained the significance of the day and the theme..Yoga for Women Empowerment . It makes everyone hale and healthy.</p>	
Signature of the Department in Charge:	





Signature of the Department in Charge:

